



Creating Sustainable Lives



INCLUSION IRELAND

Examining support options and personalisation from a family perspective

In light of the recommendations contained in the Value for Money Disability Policy Review and the Policy directive outlined in the Dept of Health Future Health Report the possibility of personalisation is moving ever closer for people with disabilities and their families. There is much we can learn from the UK experience and their journey towards the personalisation of services and supports.

Leap in association with Inclusion Ireland invite you to spend the day with **Caroline Tomlinson** who is one of the most inspirational family leaders in the UK. Caroline Tomlinson is from Lancashire and will share with you her story of how she not only created a good life for her son who has complex disabilities but also supported other families to do the same.

Date: 22nd February 2013
Venue: Mullingar Park Hotel
Time 10am – 4pm
Cost: €15 includes soup and sandwiches

Caroline is an ordinary person trying to do the best she can in what was a very difficult situation. She simply couldn't make sense of the system and so by taking a very honest and pragmatic approach shared her story of how things were and how things could be different.

Her solution based approach led her to set up an organisation called In Control which has been instrumental in changing the way social and health care supports are delivered in England. Her story hasn't stopped there as she has gone on to develop new ways of creating sustainable lives for our sons and daughters when as families we will no longer be around. Caroline is one of the most inspirational speakers you will ever hear, giving you not only hope for the future but some very practical ways of how to make it real for you.

"Being with Caroline is like a breath of fresh air which gives you some real energy and hope for the future. She is not only poignant but extremely amusing in the way she tells her story but most importantly you can take something from what you have heard and make it happen for yourself".

Examples of Irish families and groups involved in this approach will also be showcased on the day.

This workshop is most suitable for Family members, self advocates, supporters, advocates and people who work in services. Priority booking given to family members and self advocates

For further information about bookings please contact Rachel 087 6130165 or Claire 086 1931227

Please email booking forms to leapireland@gmail.com or post to **Inclusion Ireland Unit C2 The Steelworks, Foley Street, Dublin 1**. Closing date for bookings 15th February 2012